Thesis Statement:

Discover all that Putnam has to offer by exploring the Hudson River’s wondrous trails, parks and gardens
Putnam Slogan

“Discover all that Putnam has to offer”
Foundry Dock Park

- 1818 - used to be the dock of West point Foundry, which built artillery, steamships, and water pipes.

- Located in Cold Spring, New York
- Park Features:
  - Great views of the Hudson Highlands
  - Bird watching/ nature study
  - Fishing
  - Dog walking
  - Kayak and Canoeing - these can be rented
  - Picnicking
  - Walking - a walking path around the entire park

- Universally Accessible
- Wheelchair friendly
1. Head east on Interstate 95 Upper Level N toward Exit 1
2. Take exit 1 toward W 178 St
3. Turn left toward Interstate 95 Lower Level S
4. Turn left to merge onto Interstate 95 Lower Level S
5. Take exit 73-74 for U.S. 9W toward NJ-67/Fort Lee/Palisades Pkwy
6. Keep right at the fork to continue toward US-9W N/Fletcher Ave
7. Keep right at the fork, follow signs for US 9W N/Palisades Interstate Parkway and merge onto US-9W N/Fletcher Ave
     Continue to follow US-9W N
8. Keep right at the fork, follow signs for Palisades Interstate Parkway and merge onto Palisades Interstate Pkwy N
9. Continue onto US-6 E
10. At the traffic circle, continue straight onto Rte 202/US-202 E/US-6 E
11. Turn left onto New York 9D N/Bear Mountain Bridge Rd
     Continue to follow New York 9D N
12. Turn left onto Main St
13. Turn left onto Lunn Terrace
14. Turn left onto Market St

Foundry Dock Park
Hudson River
Cold Spring, NY 10516
The Foundry produced some of America’s first locomotives, steamships, and pipes for New York City’s water system.

Park highlights include great views of the Hudson Highland, Bird watching, Nature study, Fishing, Dog walking, Kayaking and Canoeing, Picnicking, and Trail walking.
Foundry Dock Park
http://www.scenichudson.org/
Market Street, Cold Spring, NY 10516

Hours: year round, dawn to dusk

Phone: 845.473.4440

History: The Park was originally a busy loading dock of the West Point Foundry. It was established in 1818 to produce artillery for the U.S. government. It manufactured parrot guns and cannons that were critical in the Civil War. These guns and cannons were credited for the North’s victory of the war. The Foundry also produced some of America’s first locomotives, steamships, and pipes for New York City’s water system. Finished goods were transported to a pier near the Foundry and then shipped worldwide.

The Site: Foundry Dock Park not only is a perfect place to marvel at the Hudson Highlands, but it has a lot to offer. It is a historic place where visitors can view a simulation of the Foundry’s rail line. Guests can also enjoy bird watching and nature studying. The youth enjoy canoeing or kayaking and venturing out to Foundry Cove and Audubon New York's Constitution Marsh Sanctuary, a haven for waterfowl and migratory birds. Surrounding the park is a walking trail, where visitors can take their dogs for a walk. For history lovers, there is a picturesque 1833 Chapel of Our Lady next to the Park. Remains of West Point Foundry Preserves are also a short distance away.

Directions: From intersection of Route 9 and Route 301, take Route 301 west for 2.6 miles to intersection of Route 9D at traffic light. Proceed west on Route 301/Main Street for four blocks; turn left on Lunn Terrace to end; turn left on Market Street. Park entrance on right. Free weekend parking adjacent to the train station. By train, exit Cold Spring station. *For a permit to launch a small motorized boat from Foundry Dock Park, contact the Village of Cold Spring.
Lesson Plan for Foundry Dock Park

Grade Level: 2nd Grade

Objective:
1. Students will watch a simulation of the foundry’s rail line.
2. They will also go on a nature walk, where they will be able to see the wildlife and native plants of the area.
3. Students will end the day with a picnic lunch and go over what they learned and paint animals and plants that they saw during the day.

Materials:
- Pen/pencil
- Notebook
- White paper
- Paintbrushes
- Paint

Procedure:
1. Students will get on a bus and leave from the school to go to Foundry Dock Park.
2. When they get off the bus, Students will be split into groups and sent on a tour to the simulation of the foundry’s rail line.
3. After watching the simulation, students will go on a walk around the park. They will write down all of the plants and animals that they see during the walk.
4. After the walk, students will sit in the picnic area to eat their lunch and talk about the day.

Evaluation:
1. Students will show what they learned throughout the day by painting their favorite plants and animals that they saw during the day.
Located in Carmel, New York

The park consists of hiking trail, a beach, picnic areas, campground, and opportunities to boat, hunt, fish and birding.

The park is also part of the Taconic Outdoor Education Center and the Fahnestock Winter Park for cross country skiing and shoeshoeing.

Donated in 1929 by Dr. Ernest Fahnestock

Accessible to people with all kinds of limitations

Clarence Fahnestock State Park

"Discover all that Putnam has to offer"
Clarence Fahnestock Memorial State Park

George Washington Bridge
Fort Lee, NJ 07024

1. Head east on Interstate 95 Upper Level N toward Exit 1

2. Take exit 1C for I-87/Maj Deegan Expy toward Albany/Queens

3. Keep right at the fork and merge onto I-87 N

4. Take exit 7A toward Saw Mill River Pkwy/Taconic State Pkwy

5. Merge onto Saw Mill River Parkway N

6. Take exit 26 toward Taconic Parkway/Albany

7. Merge onto Taconic State Parkway

8. Take the New York 301 W exit toward Cold Spring

9. Turn right onto NY-301 W/Cold Spring Turnpike

Clarence Fahnestock Memorial State Park
1498 New York 301
Carmel, NY 10512
The park consists of hiking trail, a beach, picnic areas, campground, and opportunities to boat, hunt, fish and birding.

The park is also part of the Taconic Outdoor Education Center and the Fahnestock Winter Park for cross country skiing and snowshoeing.
Clarence Fahnestock Memorial State Park

1498 Route 301 Carmel, NY 10512

Hours: open daily, sunrise to sunset
Swimming: 6/23 - 9/3 10 - 6 p.m.
Camping: 4/13 – 12/8
Winter Park: 12/1 – 3/18 *weather permitting
Weekdays 10-4:30, weekends 9-4:30
Boating: 5/29- 10/11

*Verify information before departure, check website or call

Admissions:
Boat Rental: $7/hr, $25/day, $100/week
Camping: $15/night, $19/Fri-Sun
Campsite and Cabins: reservation fee $9
Vehicle Entrance: $7/per car
Winter Park: admission- adult $9, under 17 $6
*For fees not listed, check website or call

Phone: 845.225.7207

History: In 1929, Dr. Ernest Fahnestock, as a memorial to his brother Clarence donated the original 2,400 acres of Clarence Fahnestock State Park. Clarence died in the post-World War I influenza epidemic treating patients with the disease.

The Site: Clarence Fahnestock is 14,086-acre park with lots to offer to its visitors. There are boasting hiking trails, a beautiful beach, picnic areas, a scenic campground, and many opportunities to boat, fish and hunt. The Taconic Outdoor Education Program is also located at the park, which includes day and overnight educational, team building and business programs. Some of these programs include Environmental Education, Project Adventure Activities, Scout Badge Programs, outdoor family nature events and many more. Clarence Fahnestock also is home to the Fahnestock Winter Park, which includes over nine miles of trails for cross-country skiing and snowshoeing.

Directions: Located along NY 301 between US 9 and the Taconic Parkway. The Park Office is on NY 301 less than a mile west of the Taconic. Parking for many trails is in several locations along NY 301. See trail overviews for other trailhead parking. Not easily accessible by public transportation; the nearest Metro North station is 8 miles away in Cold Spring.
Lesson Plan for Clarence Fahnestock State Park

Grade: 2nd

Objective:
1. Students will visit the Clarence Fahnestock Outdoor Education Center.
2. Students will take a group tour around the park.
3. Students will finish the day with a tour through the nature exhibit.
4. Students will learn about why the land is important and how it became a state park.

Materials:
Pen/Pencil
Notebook

Procedure:
Students will get on a bus and take a trip to Clarence Fahnestock State Park.
Once there, students will be given a guided tour through the park.
Students will then be given a tour of the Nature Exhibit, which has colorful interactive displays that show the animals and plants in the area, as well as how that land was used before becoming a state park.

Evaluation:
Students will be evaluated on talking about what they learned during the day.

Standards:
Standard 3 Geography Students will use a variety of intellectual skills to demonstrate their understanding of the geography of the interdependent world in which we live—local, national, and global—including the distribution of people, places, and environments over the Earth’s surface.
Little Stony Point Park

✧ Little Stony Point was an island before a mining company filled in the channel separating it from the mainland.

✧ Located in Cold Spring, New York.
✧ Contains a beautiful hiking trail where visitors can enjoy the beautiful scenery of the Hudson. There is both a cave and a beach at the park for visitors to enjoy.

✧ Very flat trail
✧ Mostly wheelchair accessible.
1. Head east on Interstate 95 Upper Level N toward Exit 1
2. Take exit 1 toward W 178 St
3. Turn left toward Interstate 95 Lower Level S
4. Turn left to merge onto Interstate 95 Lower Level S
5. Take exit 73-74 for U.S. 9W toward NJ-67/Fort Lee/Palisades Pkwy
6. Keep right at the fork to continue toward US-9W N/Fletcher Ave
7. Keep right at the fork, follow signs for US-9W N/Palisades Interstate Parkway and merge onto US-9W N/Fletcher Ave
Continue to follow US-9W N
8. Keep right at the fork, follow signs for Palisades Interstate Parkway and merge onto Palisades Interstate Pkwy N
9. Continue onto US-6 E
10. At the traffic circle, continue straight onto Rte 202/US-202 E/US-6 E
11. Turn left onto New York 9D N/Bear Mountain Bridge Rd
Continue to follow New York 9D N

Little Stony Point Park
3011 New York 9D
Cold Spring, NY 10516
- Founded in 1989, it is dedicated in keeping the New York State Park beautiful and accessible to the public.
- We host many yearly events such as “Hoot on the Hudson”, “Little Stony Point Cleanup Day”, and “Maple Syrup Day.”
Little Stony Point Park
http://www.littlestonypoint.org/
3011 Rt. 9D  Cold Spring, NY 10516

Hours: Daylight to Sunset

Phone: 845.265.7815

Notes: Dogs are allowed if they are on leashes. No swimming allowed if there is no lifeguard on duty.

Interested in volunteering email: Volunteers@LittleStonyPoint.org

History: Little Stony Point was an island before a mining company filled in the channel separating it from the mainland. Once a quarry, this property almost became a wallboard factory in the late 1960’s. In 1970 it became part of Hudson Highlands State Park. The Little Stony Point Citizen’s Association is dedicated to keeping this New York State park beautiful and accessible to the public.

The Site: Little Stony Point Park is a great place to take a hike. The trail starts with a bridge over the train track, the trail then splits into two branches. The trail through Stony Point Park is a big loop that is wide, flat and well paved. The trail also opens up to a long sandy beach where visitors can sunbathe, read, or take out their boat. The view is absolutely incredible. A short walk from the beach is a cave. After the cave, the trail continues up a small hill, which will bring up to the beginning of the loop. In total the trail is about a mile but give yourself extra time to really enjoy the scenery. Little Stony Point has many events throughout the year that are free for its visitors including “Hoot on the Hudson,” “Little Stony Point Cleanup Day,” and “Maple Syrup Day.”

* Check the website for these dates

Directions: Little Stony Point Park is just two miles north of Cold Spring on the eastern bank of the Hudson River. From Beacon, head south on Route 9D. In less than five miles, you’ll pass under a tunnel at the trailhead to Breakneck Ridge. About one mile after that tunnel, you’ll see the well-marked parking area for Little Stony Point on your right. If you enter the village of Cold Spring, you’ve gone just a few hundred yards too far.
Overview: Students will understand about the meaning of preservation, and learn about the preservation of Little Stony Point Park. They will do this by reading an article and answering questions about Little Stony Point Park.

Before Learning:
Ask the whole class to brainstorm what they think of when they hear the term "preservation." Record the students’ responses on the board. Explain that the definition of “preservation” is maintaining something in its original or existing state.

During Learning:
Briefly introduce the history of Stony Point Park. Show students where Little Stony Point Park is on a map of the Hudson River Valley. Explain that Stony Point Park was Little Stony Point and became part of Hudson Highlands State Park in 1970 thanks to preservation efforts by Governor Rockefeller (talk about the LSCP group and how they help to preserve the park too).
Organize the class into groups of four or five students. Give each group a list of questions and an article about Stony Point. Explain that each group’s assignment is to research Stony Point and report their discoveries to the class.
Have the students answer the following questions:
- What is the park’s name?
- What are park’s main features or resources?
- What are three things that make the park special?
- What makes this park so special that it should be preserved and protected for future generations?
- In what city and state is the park located?
- On what date was the park established?

After Learning:
Have students use this information from the questions to create a poster/brochure to present to the class.
Stonecrop Gardens

_property of Anne and Frank Cabot, purchased in 1929 by Anne Cabot’s family._
The land was turned into a preservation in 1989.

- wet and slippery at some points – not wheelchair or stroller friendly
- Some parts are however, but reservations need to be made in advanced

- Located in Cold Spring New York
- The gardens cover about 12 acres of gardens and plants. There are water gardens, a grass garden, raised alpine stone beds, cliff rock gardens and an English style flower garden.
- The plant and garden selections serve as an educational resource, which is based on the School of Practical Horticulture.
1. Head east on Interstate 95 Upper Level N toward Exit 1

2. Take exit 1C for I-87/Maj Deegan Expy toward Albany/Queens

3. Keep right at the fork and merge onto I-87 N

4. Take exit 7A toward Saw Mill River Pkwy/Taconic State Pkwy

5. Merge onto Saw Mill River Parkway N

6. Take exit 26 toward Taconic Parkway/Albany

7. Merge onto Taconic State Parkway

8. Take the New York 301 W exit toward Cold Spring

9. Turn right onto NY-301 W/Cold Spring Turnpike

10. Turn right onto Stonecrop Gardens

11. Take the 1st right onto Stonecrop Lane

Stonecrop Gardens
81 Stonecrop Lane
Cold Spring, NY 10516
The gardens cover about 12 acres of gardens and plants. There are water gardens, a grass garden, raised alpine stone beds, cliff rock gardens and an English style flower garden.

The plant and garden selections serve as an educational resource, which is based on the School of Practical Horticulture.

It also contains a Conservatory, a display Alpine House, and a Pit House that has a collection of dwarf bulbs.
Stonecrop Gardens
http://www.stonecrop.org/index_cal_view.php
81 Stonecrop Lane  Cold Spring, NY 10516

**Hours:** March to October, Monday through Saturday, 10am to 5pm.

**Admission:** $5.00 per person for a self-guided tour.
There is no charge for members and children under the age of 12.
Guided tours for groups of 10 or more people are available by appointment.

**Phone:** 845.265.2000

**Fax:** 845.265.2405

**Email:** garden@stonecrop.org

**Historical Description:** The garden was the home of Anne and Frank Cabot, who founded the Garden Conservancy in 1989 hoping to “preserve America’s finest gardens for posterity and to enhance public appreciation of gardens as part of our artistic and cultural heritage” (Casal 2007). In the late 1950s, the Cabots built their summer residence at Stonecrop and according to Casal (2007), Cabot created magnificent venues to display his plant collections, most notably the alpine collection. He was an avid gardener and plant collector who began by creating raised stone beds for his alpine plants while his wife tended to vegetables and flowers. In 1985, Frank “began work to turn Stonecrop into a public garden, but it took seven years to design, plant, and develop the gardens to a size mature enough to present to the public” (Jasch 2005).

**The Site:** Stonecrop garden is both a Public Garden and a School of Practical Horticulture. The Gardens comprise of woodland and water gardens, a grass garden, raised alpine stone beds, cliff rock gardens, and an enclosed English style flower garden. The garden also contains a Conservatory; display Alpine House, Pit House containing dwarf bulbs.

**Directions:** Stonecrop Gardens is located approximately 55 miles north of New York City on Route 301 between the Taconic Parkway and Route 9. From Route 9: Take Route 301 east for 2.7 miles. Our service drive, labeled Stonecrop Lane, will be on your left directly opposite Dennytown Road. The main entrance, labeled Stonecrop Gardens, will be the next drive on your left. From Taconic: Take Route 301 west for 3.5 miles. Stonecrop’s entrance will be on your right. A useful landmark is the highway sign noting a driveway, which is Stonecrop’s main entrance.
Lesson Plan for Stone Crop Gardens

**Grade Level:** 3rd Grade

**Objectives:**
1) Students will learn about the history and observe the beauty of the Stonecrop Gardens.
2) Students will learn how to grow their own flowers and learn tips on how to maintain a garden.
3) Students will develop further skills in following directions and working cooperatively in groups.
4) Students will develop further fine motor skills and creativity.

**Materials:**
Pens/Pencils, Flower Pots, Soil, Five types of seeds

**Procedure:**
1) Students will leave the school at 9:30am in order to arrive at Stonecrop Gardens around 10:00am when their tour will begin.
2) Once they arrive at Stonecrop, they will receive a fill-in-the-blank worksheet to fill out while they listen to the tour guide. The worksheet will have approximately 5 questions on it.
3) Students will also be responsible for finding their designated flower in the groups that they have been placed in prior to the field trip.
4) Students in their groups will then receive seeds for their own specific group flower, and will plant the seeds in their pots, while learning tips on how to help their flower grow and how to maintain a garden.
5) After this group activity, they will have a scavenger hunt to complete throughout the gardens.

**Follow Up/Review:** Once the class returns to school, they will review the information they learned at Stonecrop Gardens. They will also share what they learned about their group flower. In addition to this they will have the opportunity to ask the teacher any remaining questions they may have.
During your trip at Stonecrop Gardens find the following items:
1. Alpine plant collection
2. Black Garden
3. Vegetable Garden
4. Scarecrow
5. Horses

1. Stonecrop includes many gardens and plants over _________ acres.
2. Alpines are small plants native to a mountainous region that grow at _________ _____________.
3. There are ____________ bulbs planted outdoors at Stonecrop.
4. Bulbs are recommended to not be planted near _________ _____________ because it may be too dry.
5. Located near the scarecrow lies curving beds that represent the _______________ of the _______________. 
Itinerary

Driving Directions
(From George Washington Bridge to Foundry Dock State Park)

**This route has tolls. Total of 50.5 minutes

1. Head east on Interstate 95 Upper Level N toward Exit 1 Entering New York
   1.4 mi

2. Take exit 2C for I-87/Queensboro Bridge toward Albany/Queens
   0.2 mi

3. Keep right at the fork and merge onto I-87 N Partial toll road
   0.2 mi

4. Take exit 7A toward Saw Mill River Parkway/Taconic State Parkway Toll road
   15.2 mi

5. Merge onto Saw Mill River Parkway N
   0.5 mi

6. Take exit 26 toward Taconic Parkway/Albany
   5.4 mi

7. Merge onto Taconic State Parkway
   0.7 mi

8. Take the exit onto New York 3A N/NY-100 N Continue to follow New York 3A N
   1.0 mi

9. Merge onto U.S. 9 N
   6.1 mi

10. Turn left onto US-202 W/US-6 W/U.S. 9 N/Lower S St
    9.1 mi

11. At the traffic circle, continue straight onto U.S. 9 N/Albany Post Rd
    0.2 mi

12. Turn left onto NY-403 N/Cat Rock Rd
    3.9 mi

13. Turn right to stay on NY-403 N/Cat Rock Rd
    2.3 mi

14. Turn right onto New York 9D N/Bear Mountain-Beacon Hwy Continue to follow New York 9D N
    3.1 mi

15. Turn left onto Main St
    4.1 mi

16. Turn left onto Lopp Terrace
    0.3 mi

17. Turn left onto Market St Destination will be on the right
    0.2 mi

End at Foundry Dock Park

** See Guide Book

Enjoy Foundry Dock Park

GO TO LUNCH AT CATHRYN’S TUSCAN GRILL

4.0 ratings phone #845-265-5582

Driving directions to 51 Main St, Cold Spring, NY 10516 from Foundry Dock Park Approximately 1 minute

1. Head northeast on Market St toward Lopp Terrace
   0.1 mi

2. Turn right onto Lopp Terrace
   0.2 mi

3. Turn right onto Main St Destination will be on the right
   0.1 mi

End at 51 Main St
Cold Spring, NY 10516

GO TO CLARENCE FAINESTOCK STATE PARK NEXT

Driving directions to 1408 New York 301, Carmel, NY 10512 (Clarence Fainestock State Park) from Cathryn’s Grill

Approximately 8.7 minutes

1. Head northeast on Main St toward Garden St
   1.6 mi

2. Continue onto NY-301 E/Cold Spring-Carmel Rd Continue to follow NY-301 E Destination will be on the left
   7.3 mi

1408 New York 301
Carmel, NY 10512
Enjoy Clarence Sahnestock State Park
***See Guide Book

GO TO VALENTINA’S RESTAURANT FOR DINNER
ITALIAN CUISINE PHONE (394) 228-9615

Driving directions to 4 Church St, Carmel, NY 10512 (Valentina’s Restaurant) from Clarence Sahnestock Park
Approximately 10 minutes

1. Head northeast on NY-301/Colby Spring Turnpike toward Colby Spring Rd
Continue to follow NY-301 E
0.5 mi
2. Turn right onto County Rd 43/NY-301 E/Colby-Kent Cliffs Rd
Continue to follow County Rd 43/NY-301 E
1.3 mi
3. Turn right onto Hereford Ave
Continue to follow Hereford Ave
0.3 mi
4. Continue onto Seminary Hill Rd
0.1 mi
5. Turn left onto Church St
Destination will be on the right
0.1 mi
6. Church St
Carmel, NY 10512

GO TO COURTYARD BY MARRIOTT FOR SLEEP OVER NIGHT IN FISHKILL
*** BREAKFAST INCLUDED $49 a-night

Driving directions to 17 Washabaugh Dr, Fishkill, NY 12524 (Hotel) from Valentina’s Restaurant
Approximately 20 minutes

1. Head west on Church St toward Seminary Hill Rd
2. Turn right onto US-4 E
233 ft
3. Continue onto NY-52 W/Glenridge Ave
Continue to follow NY-52 W
0.1 mi
4. Turn right onto County Rd 43
0.2 mi
5. Turn left to merge onto I-84 W
12.4 mi
6. Take exit 13N to merge onto U.S. 9 N toward Poughkeepsie
0.4 mi
7. Turn left onto Washabaugh Dr
Destination will be on the left
41.3 mi

LITTLE STONY POINT PARK
Driving directions to 3011 New York SO, Cold Spring, NY 10516 (Little Stony Point Park) from the Hotel
Approximately 16 minutes

1. Head northeast on Washabaugh Dr toward U.S. 9 S
328 ft
2. Take the 1st right onto U.S. 9 S
6.9 mi
3. Turn right onto NY-301 W/Cold Spring-Carmel Rd
Continue to follow NY-301 W
2.4 mi
4. Turn right onto New York SO/Morris Ave
Continue to follow New York SO N
Destination will be on the left
0.6 mi
5. New York SO
Cold Spring, NY 10516

Enjoy Little Stony Point Park
*** See Guide Book
GO TO RIVerview RESTAurANT FOR LUNCH
American Cuisine Phone: (914) 265-0778
Driving directions to 45 Fair St, Cold Spring, NY 10516 (Restaurant) from Little Stony Point Park
Approximately 1 minute

1. Head southeast on New York 50 S/Lake Surprise Rd toward Fair St 112 ft
   Destination will be on the right
   45 Fair St
   Cold Spring, NY 10516

GO TO STONECROP GARDENS
Driving directions to Stonecrop Gardens from Restaurant
Approximately 13 minutes

1. Head south on Fair St toward Northern Ave 0.3 mi
2. Turn left onto Main St 1.6 mi
3. Continue onto NY-301 L/Cold Spring-Carmel Rd
   Continue to follow NY-301 E 3.7 mi
4. Turn left onto Stonecrop Ln
   Destination will be on the left
   Stonecrop Gardens
   81 Stonecrop Lane
   Cold Spring, NY 10516

Enjoy Stonecrop Gardens
*** See Guide Book

GO TO WHISTLING WILLIE’S FOR DINNER
American Cuisine phone: (845) 265-2012
Driving directions to 184 Main St, Cold Spring, NY 10516 (Whistling Willie’s) from Stonecrop Gardens
Approximately 10 minutes

1. Head south on Stonecrop Ln toward Stonecrop Gardens 0.5 mi
2. Turn right onto NY-301 W/Cold Spring Turnpike
   Continue to follow NY-301 W 5.1 mi

Destination will be on the right
184 Main St
Cold Spring, NY 10516
Bibliography


