



Name: John Lannan

Date of Birth: September 27, 1984

Birthplace: Long Beach, New York

Years Active:

2005 – Vermont Expos (A – New York Pennsylvania League)

2006 – Savannah Sand Gnats (A – South Atlantic League)

2007 – Potomac Nationals (A+ - Carolina League)

2007 – Harrisburg Senators (AA – Eastern League)

2007 – Columbus Clippers (AAA – International League)

2007 – Present – Washington Nationals

Brief Biography

John Lannan was born in Long Beach, New York on September 27, 1984. Lannan grew up on Long Island and attended Chaminade High School where he earned captaincy on the baseball team. Following graduation Lannan attended Siena College and pitched for the Saints baseball team. During his sophomore year, he compiled a 7-3 record with a 3.84 ERA over 72.2 innings. Lannan stats at Siena garnered attention from Major League scouts and he was drafted in the 11th round of the 2005 MLB Draft.

Lannan started his minor league career with the Vermont Expos in 2005 where he started 11 of 14 games and put together a 3-5 record and a 5.26 ERA. The next year at Single-A level Savannah Sand Gnats starting 25 of 27 games, a 6-8 record, a lower 4.76 ERA and 114 strikeouts. During the 2007 season, Lannan quickly ascended the ladder spending the season split between A+, AA, and AAA and eventually making his MLB debut the same year. He compiled impressive minor league stats during 2007, including a 12-3 record and a 2.31 ERA.

On July 26, 2007, Lannan made his MLB debut against the Philadelphia Phillies, throwing 4.1 innings, surrendering 5 runs in a no decision. His first win came on August 1st against the Cincinnati Reds. Over his next two starts, Lannan threw 14 innings while surrendering 2 runs over those innings, earning a loss for one of the starts. Since 2008 Lannan has been a fixture of the Washington Nationals rotation. He has amassed 38 wins and 51 losses thus far in his career as well as a 4.00 ERA.

References

<http://www.fangraphs.com/statss.aspx?playerid=7080&position=P>

http://www.sienasaints.com/sports/m-basebl/mtt/lannan_john00.html

<http://www.baseball-reference.com/players/l/lannajo01.shtml>

by. Sean Vitti